

Healthy Relationships

Rules of Engagement... How To Thrive In Relationships!

Has anyone here ever struggled in a relationship, wishing it were better?

God is the creator of this concept we call “relationship” and He wants them to thrive!

Thriving relationships start in our heart!!! Colossians 3:12

- Am I compassionate?
 - An awareness of another’s suffering and the willingness to do something.
- Am I kind?
 - A goodness toward others that mellows harshness.
- Am I humble?
 - Seeing ourselves as God sees us... no more, no less.
 - Free of selfish motives, putting others ahead of ourselves. Philippians 2:3-4
- Am I gentle?
 - A willingness to suffer injury or insult rather than inflict it.
- Am I patient?
 - The opposite of quick anger and revenge.

Thriving relationships work when we do them God’s way!

- Bear with each other. Colossians 3:13a
 - Show tolerance. Ephesians 4:2
- Forgive! Colossians 3:13b
 - Let go of the need for revenge, reprisal, repayment! Turn it over to God.
- Choose to love. Colossians 3:14
 - Love is an action word!
 - Love, (agape), is wanting and working for the best for the other person.
 - The best example of this is Jesus’ love for us!
- Practice the Golden Rule. Matthew 7:12
- Communicate
 - Listen! Proverbs 18:13
 - Speak the truth in love. Ephesians 4:15