

How To Deal With Temptation

We all face it...

I Corinthians 10:13

- Temptation is common to all believers!
- God is faithful and will not allow us more than we can bear!
- God will provide a way through it!

We deal with temptation God's way as we...

Foresee the possibilities.

- Be aware of the sources of temptation. I John 2:15-17
The world... the system of evil that opposes God.
The flesh... the lust of the flesh, the eyes, and the boastful pride of life.
The devil. Ephesians 6:11-12; I Peter 5:8
- Know your own particular weaknesses and vulnerabilities.
I Corinthians 11:28, 31; Galatians 6:1
- Understand the pattern of temptation. James 1:12-16
- Learn from the lessons of the past. I Corinthians 10:1-13

Flee the situation. I Corinthians 10:14; I Timothy 6:11

- Avoid situations that are tempting.
- Exit quickly from the place of temptation.

Follow the escape provided.

- Decide ahead of time that your life will be a pursuit of godly living.
I Timothy 6:11
- Absorb the Word of God! Psalms 119:9-11
- Rely on the power of the Holy Spirit. Ephesians 6:17-18a
- Lean on other believers. Ephesians 6:18; James 5:16

Jesus was tested, tempted as we are, yet without sin. Hebrews 4:15-16